

## Uncertainty Principle

The general uncertainty principle for two quantities  $a$  and  $b$  represented by observables  $\hat{A}$  and  $\hat{B}$  is

$$\sigma_a^2 \sigma_b^2 \geq \left( \frac{1}{2i} \langle \psi | [\hat{A}, \hat{B}] | \psi \rangle \right)^2$$

$\Rightarrow$  If two operators commute, the physical quantities represented by the operators can mutually be measured with infinite precision.

Ex Heisenberg Uncertainty Principle

$$\sigma_x^2 \sigma_p^2 \geq \left( \frac{1}{2i} \langle \psi | \underbrace{[\hat{x}, \hat{p}]}_{i\hbar} | \psi \rangle \right)^2$$

$$\geq \left( \frac{i\hbar}{2i} \right)^2$$

$$\geq \left( \frac{\hbar}{2} \right)^2$$

## Proof

(2)

Define operators that measure difference from mean

$$\Delta \hat{A} = \hat{A} - \langle a \rangle$$

$$\Delta \hat{B} = \hat{B} - \langle b \rangle$$

$$\sigma_a^2 = \langle \psi | (\Delta \hat{A})^2 | \psi \rangle \quad \sigma_b^2 = \langle \psi | \Delta \hat{B}^2 | \psi \rangle$$

## Define

$$|f\rangle = \Delta \hat{A} | \psi \rangle$$

$$|g\rangle = \Delta \hat{B} | \psi \rangle$$

$$\langle f | = \langle \psi | \Delta \hat{A}$$

$$\langle g | = \langle \psi | \Delta \hat{B}$$

since  $\Delta \hat{A}, \Delta \hat{B}$  Hermitian.

$$\sigma_a^2 = \langle f | f \rangle$$

$$\sigma_b^2 = \langle g | g \rangle$$

Schwartz Inequality - For any two vectors

$$\begin{aligned} \langle f | f \rangle \langle g | g \rangle &\geq |\langle f | g \rangle|^2 \\ &= \langle f | g \rangle^* \langle f | g \rangle \end{aligned}$$

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For any complex number,

$$|z|^2 = z^* z = \text{Re}(z)^2 + \text{Im}(z)^2 \geq \text{Im}(z)^2$$

$$\text{Im}(z) = \frac{z - z^*}{2i}$$

therefore

$$|\langle f|g \rangle|^2 \geq \left( \frac{\langle f|g \rangle - \langle g|f \rangle}{2i} \right)^2$$

Work on  $\langle f|g \rangle$

$$\langle f|g \rangle = \langle \psi | (\hat{A} - \langle a \rangle) (\hat{B} - \langle b \rangle) | \psi \rangle$$

$$= \langle \psi | \hat{A} \hat{B} | \psi \rangle + \langle a \rangle \langle b \rangle \langle \psi | \psi \rangle$$

$$- \underbrace{\langle b \rangle \langle \psi | \hat{A} | \psi \rangle}_{\langle a \rangle} - \underbrace{\langle a \rangle \langle \psi | \hat{B} | \psi \rangle}_{\langle b \rangle}$$

$$\langle f|g \rangle = \langle \psi | \hat{A} \hat{B} | \psi \rangle - \langle a \rangle \langle b \rangle$$

(4)

$$\langle g|f \rangle = \langle f|g \rangle^* = \langle \psi | \hat{B} \hat{A} | \psi \rangle - \langle a \rangle \langle b \rangle$$

$$\begin{aligned} \langle f|g \rangle - \langle g|f \rangle &= \langle \psi | \hat{A} \hat{B} | \psi \rangle - \langle \psi | \hat{B} \hat{A} | \psi \rangle \\ &= \langle \psi | [\hat{A}, \hat{B}] | \psi \rangle \end{aligned}$$

$$\begin{aligned} \text{So } \sigma_a^2 \sigma_b^2 &\geq \langle f|f \rangle \langle g|g \rangle \geq |\langle f|g \rangle|^2 \\ &\geq \left( \frac{\langle f|g \rangle - \langle g|f \rangle}{2i} \right)^2 \\ &= \left( \frac{1}{2i} \langle \psi | [\hat{A}, \hat{B}] | \psi \rangle \right)^2 \end{aligned}$$